

The Second Les-

April 2014

**Christ is risen from the dead,
trampling down death by death,
and upon those in the tombs
bestowing life.**

Troparion – Orthodox Liturgy

We are about to enter into the final portion of Lent – Holy Week – all in preparation for emerging out of the darkness of Christ’s passion and death and into the new fire of life and resurrection. It is a difficult story to tell and more than difficult to understand. The Church relies on sacred scripture, poetry, images, music, storytelling, foliage, buckets of water, towels, oils, baptismal promises, candles and organ stops to give us access into the mystery of Christ’s death and resurrection.

We begin with Palm Sunday. We wave our palms and shout “Hosanna” but quickly learn that claiming Christ as our King of Kings leads us to the cross. On Monday we gather to walk the Stations of the Cross, retracing the steps of Jesus from his arrest to his being placed in the tomb. We pray for those in our community who suffer: the sick, the lonely, those in prison, and those who feel forgotten. On Tuesday we return to experience a time of meditation on the Love of the passion through organ music and the spoken word.

On Wednesday we gather for Tenebrae, a service held in the shadows. The Church is dim, candles on the altar are extinguished as psalms

and the laments of Jeremiah are prayed. On Maundy Thursday we gather for a simple soup supper. We eat in monastic silence and listen as texts are read. We wash each other’s feet, celebrate the Lord’s Supper together, then strip the altar and pray at the altar of repose. The evening ends quietly as we gather to pray Compline together.

Good Friday is the retelling of the betrayal and crucifixion of Jesus. *O sacred head, sore wounded, defiled and put to scorn.* We will have three services that day. The church will be open for people to pray between services. We let the mystery of God’s redeeming love take root.

Saturday morning we gather again to hear the story of Jesus’ love reaching down to open our prison doors. Special prayers of blessing are offered during this service for those who serve the altar throughout the year. We return Saturday evening to break the fast of Lent with a glorious potluck dinner. We bring our best to share with each other and those who gather from our community in need of an Easter meal. Following dinner, we gather in the parking lot around a fire and begin the

Great Vigil of Easter. We enter the church with candles, bringing the New Light into the church. We revisit our ancient stories, baptize new converts, witness those who are affirming their faith in reclaiming their baptismal vows, and celebrate the first Eucharist of Easter.

Easter Sunday we celebrate Christ’s resurrection from the dead. All that has been veiled and hidden is fully exposed. Joy is fully restored. That which has sought to destroy us has been transformed into new life. Alleluia, Christ is Risen! The Lord is Risen, Indeed!

It is a Holy Week. Join us for each of the pieces that make for a most remarkable spiritual journey.

Blessings,

Lynell+

The Rev. Canon Lynell Walker

Priest-in-Charge

Inside this issue:

From the Deacon’s Desk	2
New Dollars/New Partners	3
Treasurer’s Corner	4
News & Announcements	5
Holy Week Schedule	6-7

Mission Enterprise Zone

There are wonderful things happening in our Diocese and St. Matthew's is helping to show Christ's love for all and St. Paul's is part of that effort. As many of you know I spent six months at St. Matthew's last year as part of my field education. Partially as a result of that time St. Paul's and St. Matthew's have been looking for additional ways we can support each other in our ministries. This fall St. Matthew's learned that they would receive funding to expand their social outreach programs and become a "Family Resource Center". While thrilled with that turn of events the good people at St. Matt's wanted to find a way to make sure that they also had the resources to reach out spiritually to the people coming for services. To fund such outreach they applied for a national church grant and late this fall they received word that they received the grant to become a Mission Enterprise Zone with matching funding from the diocese. This is great news but what does it mean for St. Paul's you might

ask?

St. Matt's to has asked me to be part of the group to come up with ideas that will help reach out into their community. The informal "advisory group" includes representatives from both the surrounding Episcopal Churches as well as the surrounding Lutheran Churches. Initial projects are to hold services outside in the mornings when the food outreach ministry is at its peak for people who might not be comfortable going into the church. Also a program is being developed to tell bible stories to kids (and perhaps their parents) who are participating in St. Matt's after school programs. These programs are being staffed by both St. Matt's folk as well as partners from other churches.

One of the purposes of becoming a Mission Enterprise Zone is to pilot ideas and programs with a goal a teaching other churches how to start new outreach ministries into their communities. I would love for St. Paul's to figure out how to

reach out to all of the walkers who go by our building during the various walk-a-thons. Could we take church outside for healing prayers – or perhaps even a Eucharist in our parking lot during the walks? How do we reach out into our community in new and exciting ways? I am excited to be working with St. Matthew's and look forward to learning from them new and exciting ways to proclaim God's love for all – even, and perhaps especially – to those who are afraid to come into our churches.

General Convention 2012's Resolution A073 established "the Mission Enterprise Fund, to be administered by a grants committee for that purpose established by the Executive Council, with \$1 million for the 2013–2015 triennium." It also states that "Diocesan Standing Committees and Bishops partner to create 'Mission Enterprise Zones,' defined as a geographic area, as a group of congregations or as an entire diocese committed to mission and evangelism that engages under-represented groups, including youth and young adults, people of color, poor and working-class people, people with a high-school diploma or less, and/or people with little or no church background or involvement."

New Dollars, New Partners

Partners for Sacred Spaces at the Intersection of Heritage, Faith & Community

St. Paul's seven member team participating in the New Dollars/New Partners training have been thrilled with the information and tools provided by the program. They have learned to see St. Paul's building and our ministries in new and exciting ways. The program is a great fit with the strategic planning that is ongoing at St. Paul's. While there are still challenges to being a landlocked historic church with a smaller congregation, New Dollars/New Partners has energized the team and congregation to see possibilities where some saw only needed repairs. The team is looking forward to expanding our work with the artistic and historic communities of Sacramento and with those who work for social justice as we celebrate and build on our past. The goal is to reach out to our neighbors in our changing, gentrifying neighborhood to bring the good news of God's love to all people in both traditional and new ways.

As part of their work, the team was challenged to write a case study for St. Paul's. The following is the beginning portion of the case study. We'll highlight additional portions and share the progress in the coming months.

If you have any questions about New Dollars/New Partners and the work being done, please don't hesitate to ask Rev. Canon Lynell Walker, Rev. Rik Rasmussen, Rev. Anne Slakey, Doug Clay, Carolyn Konrad, Bruce Collins or David Rickert.

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*We are a loving, accepting Christian community  
Embracing all of God's people  
through worship and service*

"Gold" is a magical word in the history of California. It brought adven-

turers from all over the world to Sacramento, their launching point into the Gold Country. It was in Sacramento where community was established. And it was in Sacramento where the first church to organize met in a blacksmith's shop.

The year was 1849 and that church would become St. Paul's Episcopal Church. It would be known by several names: Grace Church, St. Paul's, Christ Church cathedral and finally, again, St. Paul's. Its first church facility was located at 8th and "I" streets in downtown Sacramento. Now St. Paul's is firmly settled at the corner of 15th and "J" streets where it proudly stands today.

Built of the same solid granite that would build Folsom Prison, St. Paul's construction began in 1903 and was dedicated in 1909. Among the prominent families associated with St. Paul's were Governor Leland Stanford and his wife Jane, and the Charles Crocker family – two men of the "Big Four" of the Central Pacific Railway. Both families contributed stained glass windows, highly regarded as treasures of the art.

One stained glass window expert recently commented, "You have the history of American stained glass in your church." The Stanford window is dedicated to the memory of the beloved son of the Stanfords who died in a typhoid epidemic at the age of 16. His parents, deeply grieving the loss of their only child, would go on to found Leland Stanford Jr. Farm, a university in his honor. It is now, of course, Stanford University.

St. Paul's building is splendid. The fortress-like design is similar to a traditional English stone church. Its organ is noteworthy: a Johnson &

Son Opus 503 Tracker organ, installed in 1915, one of the few Tracker organs of this age in the U.S. The building's open design provides fine acoustics, some of the finest in Sacramento, making it an ideal venue for live concert performances. Over the years, St. Paul's has hosted organ recitals by such notable artists as Frederic Brugge in 1947; E. Power Biggs in 1965; Nancy Metzger in 1976; John Fenstermaker in 1985; Susan Armstrong in 1988.

During the church's rich concert history, Christ Church (Cambridge College) Men's Choir has performed here. In more recent years there have been concerts by Sacramento Baroque Soloists, Sacramento Chamber Music Society, Sacramento Choral Society, Vox Musica, Chanteuses, Trinity Cathedral Choristers, Renaissance Choir and City College Choristers. Even the Grateful Dead had a brief gig at St. Paul's . . . before their fame took them to brighter lights.

St. Paul's central city location affords us the opportunity to be a center of Christian outreach, to provide services to downtown neighbors and nearby state workers, and to extend a helping hand to the homeless and hungry at our doorsteps. During a period of decline in membership in the 1950s and '60s, our church was re-named "St. Paul's Center for Urban studies and Ministry." Out of this era grew the social service arm of our diocese: Episcopal Community Services, still thriving and serving today.

To be continued...

## Treasurer's Corner

### Financial Summary\* February 2014

| Budgeted Income         | 2014 Actual      | 2014 Budget      |
|-------------------------|------------------|------------------|
| Pledge                  | \$ 12,650        | \$ 12,112        |
| Giver of Record         | \$ 3,555         | \$ 1,667         |
| Loose Plate             | \$ 306           | \$ 583           |
| Special Offerings       | \$ 1,128         | \$ 233           |
| Interest                | \$ 11            | \$ 8             |
| Building Use            | \$ 512           | \$ 367           |
| Altar Guild             | \$ 163           | \$ 42            |
| <b>Budgeted Income</b>  | <b>\$ 18,325</b> | <b>\$ 15,012</b> |
| <br>                    |                  |                  |
| Budgeted Expense        |                  |                  |
| Office/telephone        | \$ 893           | \$ 667           |
| Insurance & Taxes       | \$ 674           | \$ 1,500         |
| Repairs & Maintenance   | \$ 864           | \$ 500           |
| Utilities               | \$ 2,098         | \$ 1,833         |
| Subtotal                | \$ 4,529         | \$ 4,500         |
| <br>                    |                  |                  |
| Diocesan Apportionment  | \$ 2,224         | \$ 1,667         |
| Altar Guild             | \$ 54            | \$ 458           |
| Endowment               | \$ 233           | \$ 378           |
| Stewardship             | \$ -             | \$ -             |
| Outreach                | \$ 122           | \$ 333           |
| Subtotal                | \$ 2,841         | \$ 2,836         |
| <br>                    |                  |                  |
| Payroll                 | \$ 8,534         | \$ 9,072         |
| <b>Budgeted Expense</b> | <b>\$ 15,904</b> | <b>\$ 16,408</b> |
| <br>                    |                  |                  |
| Other Income            |                  |                  |
| Building Fund           | \$ 983           |                  |
| Music Fund              | \$ -             |                  |
| Restricted Income       | \$ -             |                  |
| <br>                    |                  |                  |
| Other Expense           |                  |                  |
| Building Fund Expense   | \$ -             |                  |
| Music Expense           | \$ 325           |                  |
| Other Nonbudgeted       | \$ -             |                  |
| <b>Net Income</b>       | <b>\$ 3,128</b>  |                  |

\* This is a summary of the financial report presented to the Vestry and reported to the Diocese.

Respectfully submitted,

Douglas Clay, Treasurer

## SAVE THE DATE!



Lay Ministry Conference for the Capital Deanery will be Saturday May 17, 2014, 9 a.m. to 3 p.m. at Trinity Cathedral. Come and meet people from other churches in our deanery, learn about lots of different kinds of lay ministry, as well as the lay ministry licenses (Eucharistic Minister, Eucharistic Visitor, Worship Leader, Catechist, Preacher, Evangelism Facilitator). These conferences are fun! Cost is \$20, which includes continental breakfast and lunch. The full schedule, with all the workshops, will be posted at <http://www.norcalepiscopal.org/annual-deanery-workshops-for-lay-ministers>. More information will be in next month's Second Lesson.

## GOT SOCKS?

During Lent first year students at the School for Deacons have a Sock Drive. Donna Arellano from St. Michael's Carmichael has asked congregations in our Deanery to collect new socks, any size, for men, women and children. The socks will go to St. Matthew's Clothes Closet. Please put them in the Sock Box at the front of the nave by Palm Sunday.

## EDUCATIONAL OPPORTUNITIES

### Retreat Opportunity—Save the Date

The Capital Deanery-Diocese of Northern California invites you to...

#### ***Come to the Water: A Retreat to be Refreshed and Renewed***

Mercy Center-Auburn, August 22- 24, 2014

Cost: \$135.00 with partial scholarships available Space is limited, so reserve your spot by contacting: Susan Wahlstrom, (209) 296-1139 [wahlstrom@volcano.net](mailto:wahlstrom@volcano.net)

## ST. PAUL'S COOKS!



St. Paul's Cooks is a project I would like to begin at St. Paul's, based on my passion for cooking, and my desire to feed people. My wife Rev. Helen Harper and I moved to Sacramento on February 1<sup>st</sup>, attended the 8 AM Service at St. Paul's and immediately felt at home. I would like to make one of my more substantial lunch dishes whenever we host the hospitality time, after the 10 AM Eucharist. I will begin by making "Brunswick Stew" on April 6<sup>th</sup>, which is essentially a chicken stew, served with bread. I will also bring copies of the recipe I used for anyone who wants one.

I encourage all who can to either buy or create a food item to share with us, either after 8 or 10 AM Eucharist. Write/type the recipe. If you bought it, write down what it is, date it, and sign it. After I collect the recipes I would like us to create a ST. PAUL'S COOKS COOKBOOK, a collect of delicious foods we used to feed each other over time. If you want more info or if you need recipes, feel free to call me!

**Barry Johnson**

**808-445-0489**

# Holy Week Services

Beginning with Palm Sunday, Holy Week allows us to walk the steps of Jesus and recreating the major events that occurred during the week leading up to his crucifixion and resurrection. We hope you will be able to join us throughout the week. If you are unable to join us in person, the Bible readings for each day are included for your personal use.

## Palm Sunday—April 13 8AM and 10AM

|                      |                                         |
|----------------------|-----------------------------------------|
| <i>First Lesson</i>  | Isaiah 50:4-9a                          |
| <i>Psalm</i>         | 31:9-16                                 |
| <i>Second Lesson</i> | Philippians 2:5-11                      |
| <i>Gospel</i>        | Matthew 26:14-27:66 or Matthew 27:11-54 |

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## Monday of Holy Week—April 14

|                 |                              |
|-----------------|------------------------------|
| <b>12:10 PM</b> | <b>Prayer Service</b>        |
| <b>7:00 PM</b>  | <b>Stations of the Cross</b> |

|                      |                 |
|----------------------|-----------------|
| <i>First Lesson</i>  | Isaiah 42:1-9   |
| <i>Psalm</i>         | 36:5-11         |
| <i>Second Lesson</i> | Hebrews 9:11-15 |
| <i>Gospel</i>        | John 12:1-11    |

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## Tuesday of Holy Week—April 15

|                 |                                 |
|-----------------|---------------------------------|
| <b>12:10 PM</b> | <b>Holy Eucharist</b>           |
| <b>7:00 PM</b>  | <b>Love Unknown Meditations</b> |

|                      |                       |
|----------------------|-----------------------|
| <i>First Lesson</i>  | Isaiah 49:1-7         |
| <i>Psalm</i>         | 71:1-14               |
| <i>Second Lesson</i> | 1 Corinthians 1:18-31 |
| <i>Gospel</i>        | John 12:20-36         |

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## Wednesday of Holy Week—April 16

|                 |                           |
|-----------------|---------------------------|
| <b>12:10 PM</b> | <b>Service of Healing</b> |
| <b>7:00 PM</b>  | <b>Tenebrae</b>           |

|                      |                |
|----------------------|----------------|
| <i>First Lesson</i>  | Isaiah 50:4-9a |
| <i>Psalm</i>         | 70             |
| <i>Second Lesson</i> | Hebrews 12:1-3 |
| <i>Gospel</i>        | John 13:21-32  |

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## Maundy Thursday— April 17

|                 |                                |
|-----------------|--------------------------------|
| <b>12:10 PM</b> | <b>Holy Eucharist</b>          |
| <b>6:00 PM</b>  | <b>Soup Supper</b>             |
| <b>7:00 PM</b>  | <b>Maundy Thursday Liturgy</b> |

|                      |                             |
|----------------------|-----------------------------|
| <i>First Lesson</i>  | Exodus 12:1-4, (5-10),11-14 |
| <i>Psalm</i>         | 116:1, 10-17                |
| <i>Second Lesson</i> | 1Corinthians 11:23-26       |
| <i>Gospel</i>        | John 13:1-17, 31b-35        |

## Holy Week Services (continued)

### Good Friday—April 18 7:00AM, 12:10PM, 7:00PM

|               |                                    |
|---------------|------------------------------------|
| First Lesson  | Isaiah 52:13-53:12                 |
| Psalm         | 22                                 |
| Second Lesson | Hebrews 10:16-25 or 4:14-16, 5:7-9 |
| Gospel        | John 18:1-19, 42                   |

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### Holy Saturday—April 19 10:00 AM

|               |                                          |
|---------------|------------------------------------------|
| First Lesson  | Job 14:1-14 or Lamentations 3:1-9, 19-24 |
| Psalm         | 31:1-4, 15-16                            |
| Second Lesson | 1 Peter 4:1-8                            |
| Gospel        | Matthew 27:57-66 or John 19:38-42        |

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### The Great Vigil of Easter—April 19 8:00 PM

|               |                      |
|---------------|----------------------|
| First Lesson  | Isaiah 25:6-9        |
| Psalm         | 114                  |
| Second Lesson | 1 Corinthians 5:6b-8 |
| Gospel        | Luke 24:13-49        |

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### Easter Sunday April 20 8:00 AM and 10:00 AM

|               |                                         |
|---------------|-----------------------------------------|
| First Lesson  | Acts 10:34-43 or Jeremiah 31:1-6        |
| Psalm         | 118:1-2, 14-24                          |
| Second Lesson | 1 Corinthians 15:19-26 or Acts 10:34-43 |
| Gospel        | John 20:1-18 or Matthew 28:1-10         |



# Holy Week



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**OPEN HEARTS,  
OPEN MINDS**

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### St. Paul's Vestry

|                                   |                               |
|-----------------------------------|-------------------------------|
| Carolyn Konrad, Sr. Warden (2017) | Keith Askew, Jr. Warden(2016) |
| Bruce Collins, Clerk (2017)       | Leigh Stamets (2015)          |
| Doug Clay, Treasurer (2015)       | John Paul Olafson (2015)      |
| Eric Symons (2016)                | Sharon Kennedy (2016)         |
| Tammy Trovatten (2017)            |                               |

### Clergy and Staff

|                                            |                             |
|--------------------------------------------|-----------------------------|
| Rev. Canon Lynell Walker, Priest-in-Charge | st1849paul@sbcglobal.net    |
| Rev. Eric Symons, Associate Priest         | st1849paul@sbcglobal.net    |
| Rev. Anne Slakey, Associate Priest         | st1849paul@sbcglobal.net    |
| Rev. Anne McKeever, Associate Priest       | st1849paul@sbcglobal.net    |
| Rev. Michael Backlund, Associate Priest    | st1849paul@sbcglobal.net    |
| Rev. Rik Rasmussen, Deacon                 | st1849paul@sbcglobal.net    |
| Mark Robinson, Music Director              | goldenfalconjet@comcast.net |
| Pat Underwood, Parish Administrator        | st1849paul@sbcglobal.net    |